

WHERE AM I ON THE JOURNEY?

Doing the self assessment helped me realize that I have grown in the following way(s) this year:

In the coming year, I plan to do the following to continue to grow in my faith:

sample:

- Read my Bible and pray in order to grow closer to God.
- Be regular in my attendance in worship.
- Give back to God through my proportionate giving to the church and move toward tithing.
- Use my Pathway to Discipleship self-assessment guide as:
 - A Compass to help me evaluate where I am on the Pathway and chart a future course.
- Be part of a mission opportunity.
- Invite someone to church with me this year.
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This is for your personal use.
 We suggest that it become a visual reminder of your commitment to the walk of discipleship.
 If you would be interested in having a lay-person mentor as part of this journey, please let us know. Simply email us!



PATHWAY *to* Discipleship

Personal Spiritual Assessment Guide

At CUMC we believe the goal of a Christian is to become a disciple of Jesus Christ. We believe a disciple of Jesus is one who is committed to following Jesus (head); is continually being changed by Jesus (heart); and is committed to the mission of Jesus (hands). Becoming a disciple is a lifelong process that can be compared to a journey on a path leading to a deeper relationship with God.

We believe that if you practice consistent **WORSHIP**; strive for continual **GROW**th in knowledge and action; maintain constant **CONNECTION**s with God and others; and commit yourself to **SERVE** Jesus by following in His way; not only will your life be better, but so will your community and the world.



This short assessment is designed to help you evaluate where you are on the pathway. We have “trail markers” to help you in making intentional choices to enhance and deepen your spiritual growth.

PREPARATION FOR THE JOURNEY

Below are two basic disciplines we all need to commit to in some way in a life of discipleship. The place to start is with a “yes” response to them. If you would like suggestions on how to make these a habit, please ask your mentor or one of our pastors. They will gladly assist.

- I read my Bible to help me grow in my understanding of God.
- I spend some time each day in prayer.

FUNDAMENTALS

Somewhere along the journey we hope you will be able to answer ‘yes’ to the 4 bulleted statements of discipleship. Where you start the journey isn’t important.

- I am regular in my attendance and participation in worship (at least twice monthly).
- I am in fellowship with other Christians during church events, Life Groups, or some kind of CONNECT or SERVE groups or activities.
- I participate in Sunday School or an optional class, Life Group or elective class of our GROW ministry.
- I give back to God through my proportionate giving to the church and moving toward tithing (10% of income) as my goal.



KNOWING GOD

Involves knowing God in an intimate, interior way. It is a “heart,” rather than a “head” connection with God.

(In addition to the “fundamentals;” these “knowing” options will help you establish a solid foundation for growth on the pathway to Discipleship.)

- Explore CUMC - Basic Membership Class
- Alpha - Exploring the meaning of life
- Spiritual Gifts - Understanding and exploring the gifts God has entrusted to you.



GROWING IN GOD

Opportunities to learn and grow in our “head” knowledge and understanding of God, and opening ourselves to the transforming power of the Holy Spirit to deepen our faith.

(In addition to the fundamentals and “knowing” options, engage in Disciple I and at least one of the following options or an equivalent.)

- Disciple I
- Book Group
- Elective Course (at least one)
- Involvement in welcoming, serving on a team, or other responsibility at CUMC.
- Share in a ministry through CONNECT (see website for more options: carlislepaumc.org, click on CONNECT)



SERVING GOD

Leads disciples into the “hands” on application of what we have learned and experienced as we reach out to touch the lives of others in need, and assume leadership roles in a variety of settings.

(In addition to the fundamentals and “knowing” and “growing” options, participate in one or more of the following, or an equivalent)

- Serving From the Heart Leadership Training (for those interested in using their gifts of leadership in some area of the life of CUMC).
- Adopting a LAM and becoming a Shepherd (CONNECT)
- United Methodist Women
- Mission Trips (SERVE)
- Volunteering in your local community (SERVE)

Work with leaders to identify where to use your Spiritual gifts most effectively in service to God, CUMC, and community.

GOING DEEPER

(In addition to the fundamentals and “knowing” and “growing” options, participate in one or more of the following or an equivalent.)

- Life Groups • Disciple II, III, IV • Jesus in the Gospels • Companions in Christ • Christian Believer
- Trainings, Seminars, and Worship Experiences on or off site • Classes and Events from the Center for Spiritual Development