## WHERE AM I ON THE JOURNEY?

Doing the self assessment helped me realize that I have grown in the following way(s) this year:

In the coming year, I plan to do the following to continue to grow in my faith: *sample:* 

- Read my Bible and pray in order to grow closer to God.
- Be regular in my attendance in worship.
- Give back to God through my proportionate giving to the church and move toward tithing.
- Use my Pathway to Discipleship self-assessment guide as:

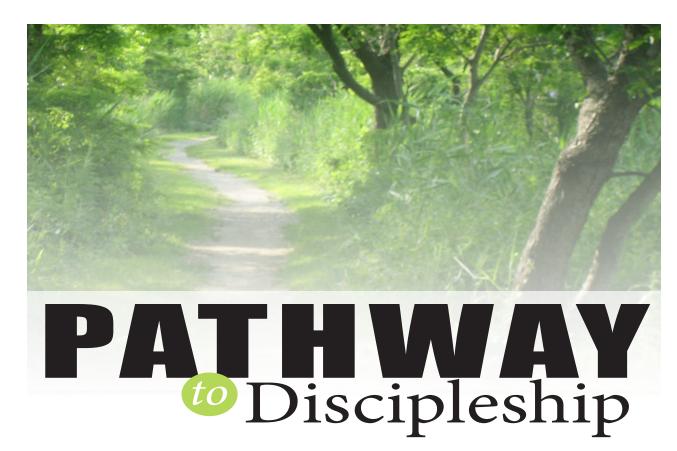
  A Compass to help me evaluate where I am on the Pathway and chart a future course.
- Be part of a mission opportunity.
- Invite someone to church with me this year.
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This is for your personal use.

We suggest that it become a visual reminder of your commitment to the walk of discipleship.

If you would be interested in having a lay-person mentor as part of this journey, please let us know. Simply email us!



## **Personal Spiritual Assessment Guide**

At CUMC we believe the goal of a Christian is to become a disciple of Jesus Christ. We believe a disciple of Jesus is one who is committed to following Jesus (head); is continually being changed by Jesus (heart); and is committed to the mission of Jesus (hands). Becoming a disciple is a lifelong process that can be compared to a journey on a path leading to a deeper relationship with God.

We believe that if you practice consistent **WORSHIP**; strive for continual **GROW**th in knowledge and action; maintain constant **CONNECT**ions with God and others; and commit yourself to **SERVE** Jesus by following in His way; not only will your life be better, but so will your community and the world.



This short assessment is designed to help you evaluate where you are on the pathway. We have "trail markers" to help you in making intentional choices to enhance and deepen your spiritual growth.

## PREPARATION FOR THE JOURNEY

Below are two basic disciplines we all need to commit to in some way in a life of discipleship. The place to start is with a "yes" response to them. If you would like suggestions on how to make these a habit, please ask your mentor or one of our pastors. They will gladly assist.

- I read my Bible to help me grow in my understanding of God.
- I spend some time each day in prayer.

## **FUNDAMENTALS**

Somewhere along the journey we hope you will be able to answer 'yes' to the 4 bulleted statements of discipleship. Where you start the journey isn't important.

- I am regular in my attendance and participation in worship (at least twice monthly).
- I am in fellowship with other Christians during church events, Life Groups, or some kind of CONNECT or SERVE groups or activities.
- I participate in Sunday School or an optional class, Life Group or elective class of our GROW ministry.
- I give back to God through my proportionate giving to the church and moving toward tithing (10% of income) as my goal.



• Life Groups • Disciple II, III, IV • Jesus in the Gospels • Companions in Christ • Christian Believer

• Trainings, Seminars, and Worship Experiences on or off site • Classes and Events from the Center for Spiritual Development